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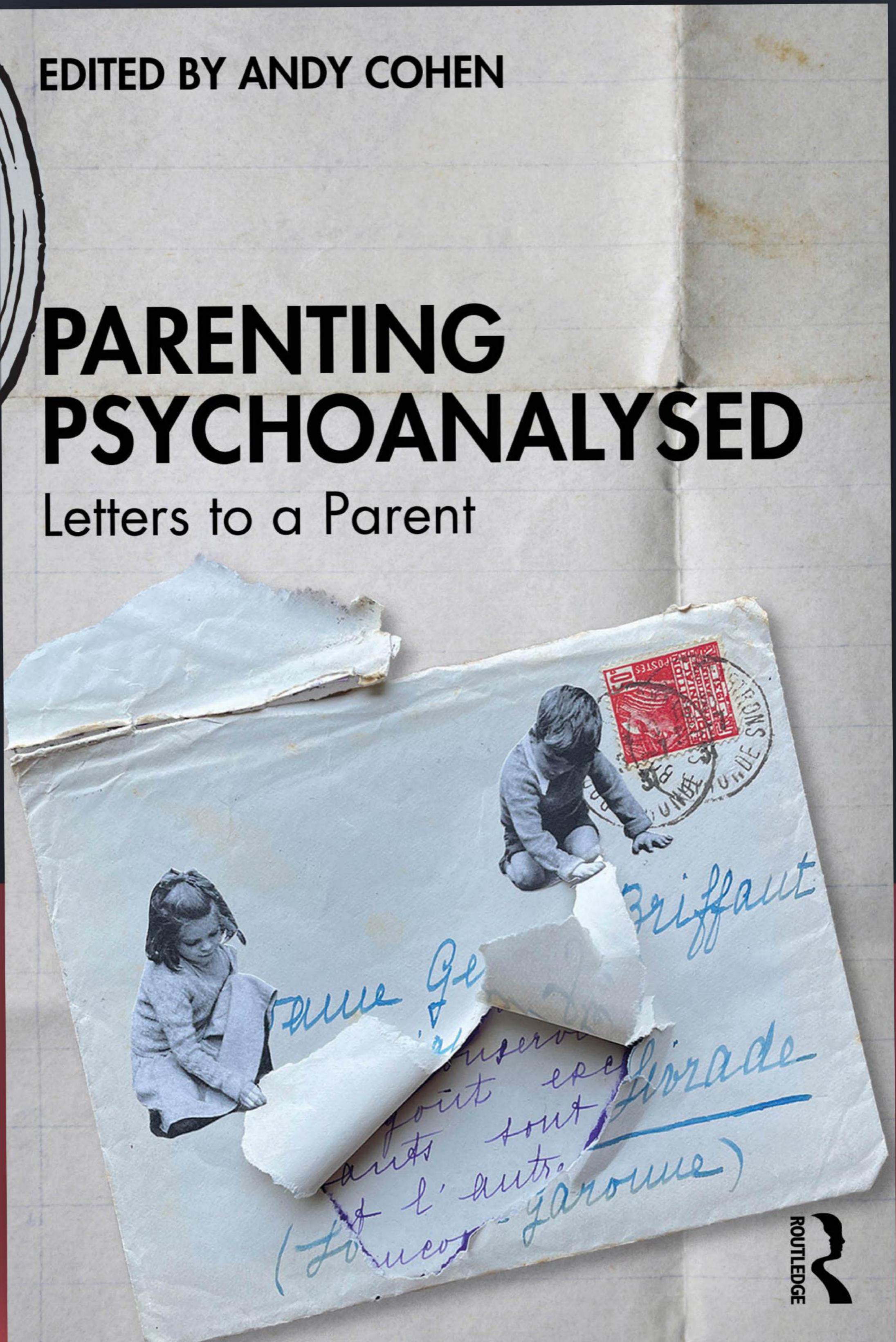


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Parenting Psychoanalysed: Letters to a Parent is an unprecedented collection of candid letters from 40 psychoanalysts reflecting on parenthood. Written simply and personally, each letter blends professional insight with emotional honesty, exploring the unexpected joys and struggles of parenting, the inner conflicts children evoke, and the hidden truths most parenting books overlook. This international volume opens a meaningful dialogue with mothers, fathers and caregivers, inviting them to reflect on how their inner worlds, worries and wishes matter deeply: holding important clues about how to parent in an open and authentic way.

CONTRIBUTORS

Sergio Eduardo Nick • Michael Benn • Harriet Wolfe • Carol Richards •
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EDITOR

Andy Cohen is a psychotherapist, candidate psychoanalyst (SAPA) and TEDx speaker in Johannesburg, South Africa • andycohenpsych.com



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